

# Adult Intake Form

(age 13 and up)

Patient: \_\_\_\_\_

DOB: \_\_\_\_\_

Date: \_\_\_\_\_

Who referred you to our clinic? \_\_\_\_\_

Reason for today's encounter? \_\_\_\_\_

When did it begin? \_\_\_\_\_ Severity? \_\_\_\_\_

What makes it better? \_\_\_\_\_ What makes it worse? \_\_\_\_\_

Have you had imaging/biopsy? \_\_\_\_\_ Other symptoms? \_\_\_\_\_

Allergies to medications: \_\_\_\_\_

Any other allergies (latex, contrast, shellfish, anesthesia reaction): \_\_\_\_\_

Medications *Please list or provide list.*

**Past Medical History** *Have you ever had problems in any of the following categories? If yes, please specify.*

Cancer:  No  Yes, What type and when? \_\_\_\_\_

Endocrine (Diabetes, low thyroid, etc):  No  Yes: \_\_\_\_\_

Gastrointestinal (Acid reflux, stomach ulcer):  No  Yes: \_\_\_\_\_

Heart (Heart attack, heart failure, coronary artery dis, heart valve):  No  Yes: \_\_\_\_\_

Vascular (High blood pressure, aortic aneurysm, carotid stenosis):  No  Yes: \_\_\_\_\_

Blood (Bleeding disorder, clotting disorder, anemia):  No  Yes: \_\_\_\_\_

Infectious (HIV, tuberculosis, hep C):  No  Yes: \_\_\_\_\_

Kidney (Kidney disease, kidney stone):  No  Yes: \_\_\_\_\_

Liver (Liver failure, hepatitis):  No  Yes: \_\_\_\_\_

Lung (Asthma, sleep apnea, emphysema/COPD, pneumonia):  No  Yes: \_\_\_\_\_

Neurologic (Stroke, seizure, headache, chronic pain, anxiety, depression, dementia):  No  Yes: \_\_\_\_\_

Other: \_\_\_\_\_

Are you pregnant?  NA  No  Yes

**Past Surgical History** *Please list surgeries you have had with approximate year.*

**Family History** *Please list any problems (especially those listed above) that family members have had.*

| Social History           | Do you or have you...   | How much? | How often? | If formerly, when did you quit? |
|--------------------------|---|-----------|------------|---------------------------------|
| Smoke/d                  | <input type="radio"/> No <input type="radio"/> Yes <input type="radio"/> Formerly | _____     | _____      | _____                           |
| Chew/ed tobacco          | <input type="radio"/> No <input type="radio"/> Yes <input type="radio"/> Formerly | _____     | _____      | _____                           |
| Consume/d alcohol        | <input type="radio"/> No <input type="radio"/> Yes <input type="radio"/> Formerly | _____     | _____      | _____                           |
| Use/d recreational drugs | <input type="radio"/> No <input type="radio"/> Yes <input type="radio"/> Formerly | _____     | _____      | _____                           |
| Occupation?              | Married? <input type="radio"/> No <input type="radio"/> Yes                       |           |            |                                 |

**Review of Systems** *Please check below if you have any of the following:*

**Constitutional**

- Fever
- Weight loss

**Eyes**

- Changes in vision

**HENT**

- Nasal blockage
  - Right  Left
- Facial or sinus pain
  - Right  Left
- Nasal drainage
- Nose bleeds
  - Right  Left

- Loss of smell/taste

- Hearing loss

- Right  Left

- Ear ringing

- Right  Left

- Ear Pain/fullness

- Ear drainage

- Throat pain

- Difficulty swallowing

- Hoarseness

**Cardiovascular**

- Chest pain

**Respiratory**

- Shortness of breath

- Wheezing

- Snoring

- Sleep apnea

- Nighttime awakenings

- Daytime sleepiness

**Gastrointestinal**

- Vomiting

- Heartburn or reflux

**Neurologic**

- Dizziness

- Headaches

**Musculoskeletal**

- Joint, muscle or back pain

**Psychiatric**

- Anxiety
- Depression

**Heme-Lymph**

- Easy bleeding or bruising

**Allergy**

- Sneezing
- Itching
- Seasonal allergies